



# HAPPY NEWS



TEENS

## From pee to tree: Festival urine helps grow new forest



Festival toilets are helping to save the planet, as scientists in the UK have turned urine from major events into fertiliser to grow thousands of trees - yep, really! At events like Boomtown Festival, Bristol Pride and even the London Marathon, waste from hundreds of people has been transformed into more than 500 litres of nutrient-rich fertiliser, now being used to grow a brand-new forest in Wales. The clever process, developed by NPK Recovery, recycles nutrients like nitrogen that plants love. Co-founder, Lucy Bell-Reeves said: "Urine is a resource that we have in abundance, so it really is a win-win here."

## 14 year old runs for governor

A 14-year-old has made headlines in the USA after announcing he's running to become governor of Vermont, even though he's not old enough to vote. In the US, governors lead each of the 50 states, helping decide laws, manage budgets and respond to emergencies. Dean Roy, a ninth-grade student (Year 10) said: "I know it sounds crazy, a 14-year-old running for governor, but honestly look at the people in charge right now, they've been doing this forever and things still aren't working." He secured his spot in the running by creating his own political party; the Freedom and Unity Party.



## No more fake promises...

A new idea in Wales could shake up politics, as plans are being discussed to make it illegal for politicians to lie during election campaigns. Members of the Senedd are looking at rules that would hold candidates accountable if they make false or misleading claims to win votes, with the aim of rebuilding trust in politics. It's still being debated, especially around how to define a "lie" and avoid limiting free speech, but if it goes ahead it could be a world-first!



## Quote of the Week

*The power of youth is the common wealth for the entire world.*

-Kailash Satyarthi



## Volunteers build beds for kids

In an incredible show of teamwork, 6,500 volunteers came together at the Charlotte Convention Center in the United States to build more than 10,000 beds in just 24 hours for children who don't have one of their own. Working with the charity Sleep in Heavenly Peace, volunteers cut, sanded and assembled a total of 10,027 beds to help families across 36 states, using 2,000 gallons of stain, over 730,000 wood screws and nearly 18,000 sanding discs - a huge effort to support the 140,000 children currently without a bed across the US,



Image Credit: Lowe's

## The purr-fect study buddy

Meet Issy - the fluffy library cat stealing hearts at University of Oxford! Officially named Isambard Kitten Brunel (after the famous engineer Isambard Kingdom Brunel), this six-year-old Siberian forest cat travels by bus each day to Lady Margaret Hall with his owner, librarian Jamie Fishwick-Ford. Once there, Issy spends his time relaxing in the office, greeting students and offering comfort to those missing home or feeling stressed!



Image Credit: Emma Trimble / SWNS

## Mindful Minute

*This week, take 60 seconds. Picture a cosy bed and the feeling of being fully rested. Take a deep breath in, then out, and let your body relax. Do this whenever you need to feel calm.*

