

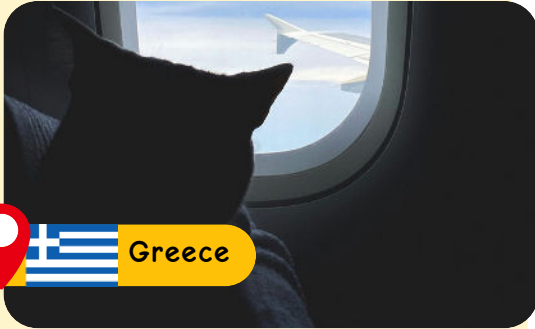


HAPPY NEWS



TEENS

'Animal Airlift' flies pets to safety



The Greek government organised a special evacuation flight to bring more than 100 pets and their owners home from the Middle East after they couldn't get seats on commercial airlines. With flights cancelled due to ongoing conflict, and strict rules making it hard to travel with animals, many people were left stranded. But this charter flight safely carried passengers and their beloved cats and dogs to Athens from the UAE. For many, leaving pets behind wasn't an option, with one passenger saying, "Our pets are not luggage, they're family."

Young footballer makes Premier League history

At just 16, Arsenal's Max Dowman has become the youngest ever goalscorer in Premier League history after scoring in a 2-0 win over Everton. The record was previously held by James Vaughan, who was 197 days older when he set it in 2005, before Max was even born. Although introduced late in the game, he made an immediate impact. "It's not only the goal he scored, he changed the game," said Arsenal boss Mikel Arteta. "Everytime he got the ball, he made things happen."

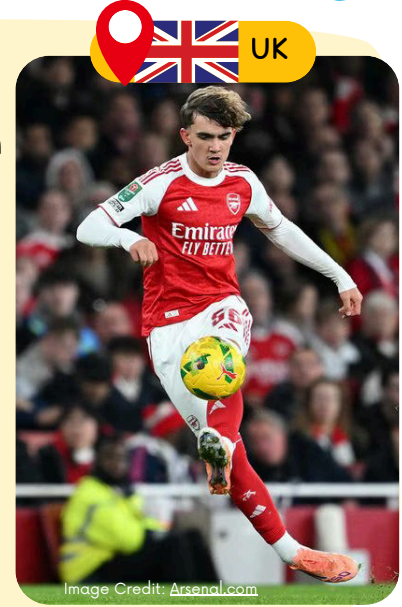


Image Credit: Arsenal.com

Dog solves 160 year old murder

In a "tail" straight out of a "Wag-atha Christie" novel, a dog may have just helped solve a 160-year-old murder! In Devon, a Labrador named Stanley kept digging in the same spot in his garden until he uncovered a bright blue bottle labelled "Not To Be Taken." His owner later discovered the house was linked to a Victorian poisoning case, where a woman murdered her husband by putting poison in his tea. Stanley may have unearthed a piece of long-lost evidence, finally putting the case to rest!



Image Credit: Paul Phillips/SWNS

Quote of the Week

"Happiness is not something ready-made. It comes from your own actions."

-Dalai Lama



Man rates every parking spot at supermarket

A man has gone viral for turning parking into a surprisingly helpful hobby! Gareth Wild, 44, who describes himself as "deeply immature," has spent the last 19 months parking in every single space at his local Sainsbury's in Wiltshire. The self-proclaimed "professional parking hero" rated all 108 spots as either "god tier," "useless," or "avoid." Next up, he plans to take on his local Morrisons car park, which has more than 400 spaces!



Finland is World's Happiest Country...again!

Finland has been named the world's happiest country for the ninth year in a row, according to the latest World Happiness Report. The rankings are based on how people feel about their lives, including things like friendships, support networks, freedom and health. Experts say Finland often comes out on top because people have access to things that support their mental and physical health. They also tend to trust each other, enjoy a good work-life balance, and spend lots of time outdoors.



Mindful Minute

This week, take 60 seconds to notice what feels good. Pause for a moment and think of three things that made you smile - big or small.

