



# HAPPY NEWS



TEENS

## Meet the OAPs - Old Age Protestors!



A growing number of older people are joining protests, with those in their 60s and 70s taking to the streets to stand up for the planet, earning themselves the name "Old Age Protestors!" While protests are often linked to younger generations, reports show more older activists are getting involved. From grandads to former teachers, many say they are fighting for "intergenerational justice" - making sure the future is fair for young people. Many are even inspiring the next generation, showing you're never too old - or too young - to make a difference!

## Quote of the Week

*"Act as if what you do makes a difference. It does."*

William James

## From plastic problem to bottle-free in a year

Romania has gone from one of Europe's worst recyclers to almost bottle-free in just a year. A nationwide deposit scheme, where people pay a small fee and get it back when they return bottles and cans, has already led to more than 8 billion containers being collected. Most people are using it, supermarkets take returns, and the materials are fed straight back to big brands to be reused. Other countries, including the UK, are now looking at how to roll out similar systems.



Romania



UK

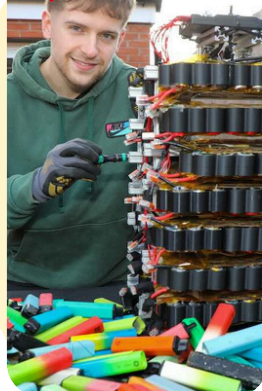


Image Credit: SWNS

## Recycled vapes power car

A 27-year-old engineer from Warwickshire, England, has powered an electric car using old vape batteries. Last year, Chris Doel collected thousands of discarded vapes, pulled out the rechargeable cells, and built a massive DIY battery pack to power his home. Deciding to go even further, he has now built a new battery pack to power a small electric car, driving it for about two hours and covering 18 miles. The car is now his daily mode of transport!

## Burn and churn

Every day the internet continues to amaze us, and this is no exception. Runners across TikTok have come up with a very unexpected way to make a post-run snack: turning their workout into a butter-making session. In these "butter runs," people strap bags of cream and salt to their bodies and head out for a jog, letting the movement churn it into butter as they go. It might sound bizarre, but it actually works, and many runners are even eating their homemade butter at the end!



Image Credit: Libby Cope

## New night buses aim to keep women safe

South Korea is launching women-only night buses to help make late-night travel safer. Running in major cities, the buses are designed for people heading home after work, classes, or nights out, and come with added safety features like CCTV, bright lighting, emergency buttons and monitored stops. The move has sparked lots of discussion online, with many people supporting the focus on women's safety, while others question whether gender-specific transport is the best solution, what do you think?



South Korea



## Mindful Minute

Step outside or look out a window and spot three small things in nature - a bird, a leaf, the sky. Notice their colours and movements.

